

What are my options if I am homeless?

If you are homeless, your first option is to find family/friends with whom you can stay. If that is not possible and you are an adult with a child/children in your custody or you are pregnant, you can go to your local Department of Transitional Assistance (Welfare) office and apply for emergency shelter. If you are a single individual or two adults, you can ask our [Housing Consumer Education Center](#) at 617.425.6700 for a list of shelters that are available to adults. This does not require a visit to your local DTA office.

For more information about getting into a shelter, please contact:

Families

DTA Family Housing (Homeless Unit) 617.989.6100

[Homes for Families](#) 617.227.4188

Individuals

[Boston Emergency Shelter Commission](#) 617.635.4507 Mayor's 24-hour Hotline: 617.635.4500 (Boston only)

[Massachusetts Coalition for the Homeless](#) 781.595.7570

[Massachusetts Housing and Shelter Alliance](#) 617.367.6447

[Cambridge Multi-service Center for the Homeless](#) 617.349.6340

[Travelers Aid Society](#) 617.542.7286

[St. Francis House](#) 617.542.4211

[Rosie's Place](#) 617.442.9322

[Bridge Over Troubled Waters](#) (Teens) 617.423.9575

[Red Cross](#) (fire victims only) 800.564.1234

[Committee to End Elder Homelessness](#) 617.369.1550

[New England Shelter for Homeless Veterans](#) 617.248.9400

[Safelink Statewide Hotline](#) (domestic violence shelter) 877.785.2020

Where can I get emergency assistance?

Emergency Assistance is obtained through the [Department of Transitional Assistance](#). They determine eligibility based on income and assets. If you need Emergency Assistance or food stamps, go to the nearest DTA (Welfare) Office or call to schedule an appointment.