What are my options if I am homeless?

If you are homeless, your first option is to find family/friends with whom you can stay. If that is not possible and you are an adult with a child/children in your custody or you are pregnant, you can go to your local Department of Transitional Assistance (Welfare) office and apply for emergency shelter. If you are a single individual or two adults, you can ask our Housing Consumer Education Center at 617.425.6700 for a list of shelters that are available to adults. This does not require a visit to your local DTA office.

For more information about getting into a shelter, please contact:

**Families**
DTA Family Housing (Homeless Unit) 617.989.6100
Homes for Families 617.227.4188

**Individuals**
Boston Emergency Shelter Commission 617.635.4507 Mayor’s 24-hour Hotline: 617.635.4500 (Boston only)
Massachusetts Coalition for the Homeless 781.595.7570
Massachusetts Housing and Shelter Alliance 617.367.6447
Cambridge Multi-service Center for the Homeless 617.349.6340
Travelers Aid Society 617.542.7286
St. Francis House 617.542.4211
Rosie’s Place 617.442.9322
Bridge Over Troubled Waters (Teens) 617.423.9575
Red Cross (fire victims only) 800.564.1234
Committee to End Elder Homelessness 617.369.1550
New England Shelter for Homeless Veterans 617.248.9400
Safelink Statewide Hotline (domestic violence shelter) 877.785.2020

Where can I get emergency assistance?
Emergency Assistance is obtained through the Department of Transitional Assistance. They determine eligibility based on income and assets. If you need Emergency Assistance or food stamps, go to the nearest DTA (Welfare) Office or call to schedule an appointment.